

Lutheran Valley Retreat
Woodland Park, CO 80866-9042
Summer Camp
Things To Bring

- Bible & Pencil or Pen
- Towel & Washcloth
- Sleeping Bag or Bedding (At least 30 degree)
- Soap & Shampoo
- Pillow in a pillow case
- Toothbrush & Toothpaste
- Clothing for Sleeping
- Comb or Brush
- Pants (2 pair)
- Sandals (to walk to the shower)
- Shorts (at least 1 per day)
- Chapstick & Sun Screen
- Tissues or Handkerchief
- Camera
- Sturdy Shoes (at least 1 pair will get dirty)
- Shirts (at least 1 per day)
- Flashlight with NEW Batteries
- Underwear & Socks (at least 1 pair a day)
- Canteen or Water Bottle
- Jacket or sweatshirt
- Rain Jacket or waterproof outer shell
- Day Pack (with two shoulder straps and a waist strap)
- Hat or Cap

What not to bring:

- Cell Phones (they do not work at LVR anyway)
- Knives, guns, fireworks
- Tablets, gaming devices, iPods, iPads
- Blow dryers, curling irons

We understand cell phones, tablets, and iPods can be cameras, alarms, and clocks. However, because of the gaming nature of most cell phones, tablets, and iPods we ask that these are not a part of the packing list.

Wilderness Adventure additional Items:

- Bandana
- Two or three additional water bottles
- Quickdry clothing
- Wool blend socks

***Provided by LVR or participant:**

- Multi night backpack
- Sleeping pad
- Food and cooking supplies
- Gallon sized zip lock bags

Horse Care Additional Items:

- Work boots or cowboy boots
- 1 pair of pants per day

School of Rock Optional items:

- Climbing Shoes
- Extra water bottles
- 2 or 3 night backpack
- Harness (proof of year purchased required)

Mountain Riders Provided by LVR or participant:

- Bike (must have proof of tune up 10 days prior to camp starting)
- Own Helmet (we will have one you can use if you don't have one.)

***If the specialty camp is provided with additional items then there are no additional items required.**

The Camp Store

While at Lutheran Valley Retreat you will have the opportunity to use the Camp Store. At the Camp Store you will be able to purchase snacks and drinks at \$1.00 each. There are also Shirts, Sweatshirts, Hats, Bandanas, Water Bottles, and much, much more. Items are priced from \$3 up to \$40.